

Optimist Board

Ernie Wren President  
Ken Bishop Past President  
Tara Blue Vice President  
Barrett Glascock Secretary  
Heather Martin Treasurer  
Shawn Steelman  
Robert Blake  
Bernie Bartel  
Bruce Glascock  
Leigh Kottwitz  
Dennis Sapp

COMING UP

Oct 3 Breakfast Mary Dewy Dime-A-Day  
Oct 4 Club Social & Officers installation  
Oct 10 Breakfast Bekki Brewer MO House 44 candidate  
Oct 17 Breakfast Sheriff Dwayne Carey  
Oct23-24 1<sup>st</sup> Qtr District Meeting Jeff City  
Oct 24 No breakfast meeting, bldg rented  
Oct 31 Halloween Spooktacular  
Nov 11 Annual Veterans Breakfast

TAKE A MINUTE TO REMEMBER THOSE WHO MADE US STRONG:

Carroll Sapp – 1987  
“Buddy” Glascock – 1988  
William Burnett – 1992  
Remus James – 1994  
Ron Marley – 1997  
Cecil Vaughn – 2001  
Billy Jo Sapp – 2004  
Marvin Sappington – 2004  
Arcie Sapp – 2005  
Kenneth Nichols – 2006  
Lahmon Wren – 2007  
Joe Smith - 2009  
Jimmy Jo Calvin- 2009  
Bob Sappington – 2010  
Florence Hahn 2011  
Clifford Caldwell-2013  
Mel Rupard-2013  
Ernest Woods—2013  
John Johnson—2013  
Michael Dalton--2013  
Jim Moore--2016  
Carl Long--2016  
Don Jones-2017  
Clay Austin-2017  
Sharon Donley-2017  
Ben Nieman- 2017  
Nick Kimbler- 2018  
Barbara Perry- 2018  
Jacob Zagorac- 2019  
Joy Woods- 2021  
Steve Walsh-2021  
Kristi Savage Clarke 2022  
Wes Donley 2025  
Louise Martin 2025  
Rev. Elmer Schiefer 2026  
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**Breakfast: (Oct. 3)- Carole Iles, Dorise Slinker, & Tony Ash**

**Speaker- Mary Dewey- Ashland Optimist Dime-a-Day program**

**We will host Bingo on Oct. 2nd. Please let Barrett Glascock or me know if you usually help and won't be available.**

**Our Club Social will be held on Sunday, Oct. 4th from 5:00-7:00 p.m.** in the Optimist building. The program will include installation of our officers, with 2026-27 East Missouri Governor Mary Hatfield and Governor-elect Gary Joe Hatfield, in attendance and will include a catered dinner at a cost of \$5 per person for Salisbury steak or parmesan chicken with all the fixings. We invite all Ashland Optimist members and family to attend. Please contact Ernie Wren ([erniewren@gmail.com](mailto:erniewren@gmail.com) or 573-239-1105) if you are interested in attending by Tuesday, Sept. 29th so we have a head count for the caterers.

Brenda Austin, Bonita Lenger, and Bruce Glascock served pancakes, sausage, and scrambled eggs in honor of National Pancake Day. Barrett shared that the Class of 1976, who celebrated their 50th Class Reunion last weekend gave a donation of \$275 to our club. Lester Gilpin is a member of this graduation class. Barrett also shared that Charlie Selbach and Bryan Chapman stepped up to provide water for the Middle School track meet, which we were asked to help with. Barrett and John Travlos were both out of town, so Charlie and Bryan's help was greatly appreciated! Barrett was at the Missouri Realtors Fall Business Conference, where his son, Brandon Glascock, received the Salesperson of the Year Award for the state of Missouri.

Our speaker this morning was Dr. James Zielinski, sharing information about a Brain Health+ app for Medicare eligible folks to help Seniors maintain their independence. This program started in April 2026. This app gives you exercises to help with balance to lower your risk of falls and prevent cognitive loss through remote therapeutic monitoring, a program that started in 2022. It also allows you to track your medications to prevent drug interactions. He handed out fliers with the QR code to sign up. If you haven't got a flier, contact Dr. James at Ashland Chiropractic & Wellness since the QR code is required to register.

When Dr. James finished his presentation and finished answering the many questions, he drew for the Attendance drawing. Tara Blue, Norm Geary, and Les Hahn had their chance at riches, but with their absence, the pot will continue to grow. Because we have missed weeks, September and October will be figured together for the Poker Pot.

**Save the Date:**

**The First Quarter District meeting will be Oct. 23 & 24 and will be held in Jefferson City jointly with the East and West Districts.** Let Barrett know if you are interested in attending.

**Our Spooktacular will be on Saturday, October 31st from 4-6 pm.** Ernie Wren has posted a link on Facebook for registrations. He will provide more information and will look for volunteers to help closer to time.

**The Veterans Breakfast will be on Wed. Nov. 11th** and will be spearheaded by Leigh Kottwitz. She will be looking for non-veteran volunteers to help.

*Letitia DenHartog*

[ashlandoptimist.org](http://ashlandoptimist.org)  
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