



ASHLAND OPTIMIST CLUB
Meeting Saturday Mornings @ 7:30 A.M.
Optimist Drive, Ashland, MO 65010

July 11, 2026
"You cannot do all the good the

Optimist Board
Ernie Wren President
Ken Bishop Past President
Tara Blue Vice President
Barrett Glascock Secretary
Heather Martin Treasurer
Shawn Steelman
Robert Blake
Bernie Bartel
Bruce Glascock
Leigh Kottwitz
Dennis Sapp

COMING UP
Jul 18 Respect for Law- Scott Young
Jul 24 Bingo
Jul 25- Harper Kroeckel & Her Medical Journey

**TAKE A MINUTE TO REMEMBER
THOSE WHO MADE US STRONG:**
Carroll Sapp – 1987
“Buddy” Glascock – 1988
William Burnett – 1992
Remus James – 1994
Ron Marley – 1997
Cecil Vaughn – 2001
Billy Jo Sapp – 2004
Marvin Sappington – 2004
Arcie Sapp – 2005
Kenneth Nichols – 2006
Lahmon Wren – 2007
Joe Smith - 2009
Jimmy Jo Calvin- 2009
Bob Sappington – 2010
Florence Hahn 2011
Clifford Caldwell-2013
Mel Rupard-2013
Ernest Woods—2013
John Johnson—2013
Michael Dalton--2013
Jim Moore--2016
Carl Long--2016
Don Jones-2017
Clay Austin-2017
Sharon Donley-2017
Ben Nieman- 2017
Nick Kimbler- 2018
Barbara Perry- 2018
Jacob Zagorac- 2019
Joy Woods- 2021
Steve Walsh-2021
Kristi Savage Clarke 2022
Wes Donley 2025
Louise Martin 2025
Rev. Elmer Schiefer 2026
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**Breakfast: July 18- Barrett Glascock, Shawn Steelman
Speaker- Respect for Law! Scott Young, Ashland Chief of Police**

The Optimist Board met on July 9th, but unfortunately because of everything that is going on, they were not able to meet quorum. They had a good discussion including the fact that this is Bern Bonderer last year running our baseball program, but he is working on some leads. This will also be Jennifer Zagorac and Linda Knierim last year running the Optimist pool, so we are looking for people to take that over next year. Ernie also mentioned that people who have not paid their dues will be removed from our rolls, so if you aren't sure whether you have paid and want to remain a member of our club, please contact Barrett.

On Friday, July 10th, we hosted Bingo for a small crowd of 102 players. The floor was short-handed, but they were able to deposit \$400 more than they took out of the bank, even with paying full prize amounts. The kitchen was able to deposit \$760.

After a delicious breakfast of roasted potatoes and fried tomatoes, in addition to our regular fare, provided by Tabi DenHartog, Mike Fulca, Dana Cafourek, and me, Donna Wren shared information about the Silver Sneakers and Chair Yoga programs that she presents at the Ashland YMCA on Tuesday, Wednesday, and Thursday of each week. She has been leading the classes for the past 7-8 years and has quite the following. The good news is that many health insurances will cover the cost of gym memberships in connection with the Silver Sneakers program.

Donna shared several of the exercises that they use during their 45-minute session along with information about her classes before drawing for Attendance. Emilee Lenz, Terry Wren, and James Zielinski had their chance at riches, but since they didn't make it, the pot will have a chance to grow.

Letitia DenHartog

ashlandoptimist.org