



ASHLAND OPTIMIST CLUB
Meeting Saturday Mornings @ 7:30 A.M.
Optimist Drive, Ashland, MO 65010

October 26, 2024

"You cannot do all the good the world needs, but the world needs all the good you can do."

Optimist Board

Ken Bishop President
Leigh Kottwitz Past President
Tara Blue Vice President
Barrett Glascock Secretary
Heather Martin Treasurer
Bruce Glascock
Shawn Steelman
Robert Blake
Bernie Bartel

COMING UP

Oct 29 Golden Eagles community
tailgate
Oct 31 Halloween Spooktacular
Nov 1 Fulton Optimist fish fry
Nov 2 no breakfast meeting
Nov 2 early voting SBC Middle School
Nov 5 Election Day
Nov 8 Board meeting
Nov 8-9 District meeting

TAKE A MINUTE TO REMEMBER THOSE WHO MADE US STRONG:

Carroll Sapp – 1987
"Buddy" Glascock – 1988
William Burnett – 1992
Remus James – 1994
Ron Marley – 1997
Cecil Vaughn – 2001
Billy Jo Sapp – 2004
Marvin Sappington – 2004
Arcie Sapp – 2005
Kenneth Nichols – 2006
Lahmon Wren – 2007
Joe Smith - 2009
Jimmy Jo Calvin- 2009
Bob Sappington – 2010
Clifford Caldwell-2013
Mel Rupard-2013
Ernest Woods—2013
John Johnson—2013
Michael Dalton--2013
Jim Moore--2016
Carl Long--2016
Don Jones-2017
Clay Austin-2017
Sharon Donley-2017
Ben Nieman- 2017
Nick Kimbler- 2018
Barbara Perry- 2018
Jacob Zagorac- 2019
Joy Woods- 2021
Steve Walsh-2021
Kristi Savage Clarke 2022

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Breakfast: Nov. 2- No meeting. The building is rented.

Southern Boone schools will be sponsoring a community tailgate on Tues. Oct. 29th at the High School football/soccer stadium, in conjunction with their Golden Eagle Club, starting at 6:00 p.m. It will include demonstrations from the Marching Band, High School Cheerleaders, updates from Trent Tracy and Tim Roth, plus food from the High School Beta Club. Please RSVP if you are 50+ and are interested in attending, to sbschools.us/golden.

This year's annual Spooktacular will be held at our building on Thursday, Oct. 31st from 5:00-7:00. We need people to assist with parking, judging the booths, and greeting guests. Please contact Leigh Kottwitz at leighkottwitz@gmail.com if you are interested in helping and come by 4:00. Members, their families, or businesses can also host a trunk or treat by [registering here](#). At this time, the plan is for it to be held outside. Because this would be the night before our first Bingo in November, Bingo games will be moved to the second and fourth Fridays (Nov. 8 & 22).

Our next Eastern District meeting for Optimists will be held in Jackson, MO on Nov. 8 and 9th. The club will pay for your attendance, if you are interested in attending, but you will need to let Barrett Glascock know soon, since early bird registration is past.

Dues statements are going out and can be paid online through our website (ashlandoptimist.org), in person at a 7:30 breakfast meeting, or through the mail at P.O. Box 201, Ashland MO 65010.

Pat Brauner and the Fulton Breakfast Optimist Club will have their Fish Fry on Nov. 1st at the Fulton High School from 11-1 and 4-6. The menu is Swai fish, cole slaw, baked beans, cornbread, and drinks. Adult tickets are \$15 and kids, aged 6-12, are \$5 at the door.

This morning, we enjoyed a delicious breakfast from Chris Felmlee, Leigh Kottwitz, and Loren Plank of breakfast casseroles, baked goods, and fresh fruit.

Our speaker this morning was Kelley Upham, fundraising manager with the Columbia chapter of Sleep in Heavenly Peace. She spoke with us last year but wanted to give our group an update as they are near the delivery of their hundredth bed to children in the area.

Sleep in Heavenly Peace was started in 2012 by Luke Middleton and his family in Idaho after they discovered that there were children sleeping on the floor. YouTube podcaster, Mike Rowe featured their program on his show, as well as donating warehouse space for them to work from. Two years ago, the program was spotlighted in Rural Magazine, where local people heard of it. After discovering that there are between 700-1,000 kids in our area without beds, five members from Community United Methodist Church on west Broadway in Columbia went to Utah to be trained on producing beds for children. Their mission is "No kid Sleeps on the floor in our town!" Recipients are selected through an application process, with help from the foster care system, courts, schools, and Love Columbia. Families are required to have beds for children in order to be approved for fostering or regaining custody.

The group does this by holding build days, which uses 40-60 volunteers of all ages (kids to a regular helper who is 92 years old), to build bunk beds using fourteen stations. There are tasks for every ability, starting the day before the builds, and they usually prepare thirty-five beds in three hours by cutting, marking, drilling, and staining all of the boards for the beds with vinegar and steel wool dye. Because most of this work occurs outside, the last build was in October. The beds are not finished until Delivery days, when the kids get to finish putting their beds together, as well as receive mattresses, bedding, and pillows. Kelley was headed out to deliver fourteen beds after her presentation today.

Sleep in Heavenly Peace has an on-going bedding collection of new twin-sized pillows, mattress protectors, and bedding (including sheets, a pillow case, and comforter). They take donations at Community United Methodist Church (3301 W. Broadway) at the church office Monday-Thursday from 9 a.m.-3 p.m. For more information, contact Chapter President Brandy Sanchez at brandy.sanchez@shpbeds.org.

After Kelley finished answering questions, she drew for the Attendance drawing. Lena Long, Cory Fischer, and Jody Frank had their chance at riches, but with their absence, the pot will continue to grow. Since it was the last meeting of the month, Barrett Glascock awarded Mike Fulca the poker pot.

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