



OPTIMIST
INTERNATIONAL

ASHLAND OPTIMIST CLUB
Meeting Saturday Mornings @ 7:30 A.M.
Optimist Drive, Ashland, MO 65010

September 3, 2022

"You cannot do all the good the world needs, but the world needs all the good you can do."

Optimist Board

Jan Palmer	President
Lisa Barnum	VP
Dana Cafourek	VP
Missy Bonderer	Past Pres.
Barrett Glascock	Secretary
Heather Martin	Treasurer
Bruce Glascock	2021
Bernie Bartel	2021
Ken Bishop	2021
Shawn Steelman	2022
Robert Blake	2022
John Dougan	2022

COMING UP

Board Meeting: Sept 8
Fall Festival Sept 10
Walking School Bus Sept 12-30
Bingo restart Sept 23

**TAKE A MINUTE TO REMEMBER
THOSE WHO MADE US STRONG:**

Carroll Sapp – 1987
"Buddy" Glascock – 1988
William Burnett – 1992
Remus James – 1994
Ron Marley – 1997
Cecil Vaughn – 2001
Billy Jo Sapp – 2004
Marvin Sappington – 2004
Arcie Sapp – 2005
Kenneth Nichols – 2006
Lahmon Wren – 2007
Joe Smith - 2009
Jimmy Jo Calvin- 2009
Bob Sappington – 2010
Clifford Caldwell-2013
Mel Rupard-2013
Ernest Woods—2013
John Johnson—2013
Michael Dalton--2013
Jim Moore--2016
Carl Long--2016
Don Jones-2017
Clay Austin-2017
Sharon Donley-2017
Ben Nieman- 2017
Nick Kimbler- 2018
Barbara Perry- 2018
Jacob Zagorac- 2019
Iov Woods- 2021

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Next week:

Breakfast: Sep. 10- Carole Iles, Dorise Slinker, Jennifer Lawson

Program- to be announced

There will be an Optimist Board meeting on Thursday, Sep. 8th at 7:00 p.m.

The Ashland Fall Festival will be held in the city park on Saturday, Sep. 10th from 9-4. Please contact Jan Palmer at 573-268-5919 if you can help staff the booth any part of that day.

We are planning to restart Bingo on Sept. 23rd, but we are still looking for additional help in the kitchen, as well as in the Bingo window and on the floor. Please contact Barrett Glascock if you are interested in helping. Our hope is to continue playing on the first and third Fridays of each month while we rebuild our teams. (Note correction from previous bulletins) The prizes will be tiered, depending on the number of players.

Barrett Glascock and Shawn Steelman provided a tasty breakfast this morning. Our thanks to this team that continues to do an excellent job, even though they are short-handed. If anyone is interested in joining their team, please contact Barrett Glascock.

After Jim Green said grace, Rev. Elmer Schiefer graciously introduced our speaker, Alan Marrs, and his wife, Mary Beth this morning before breakfast.

Jan Palmer spoke about the Optimist Eastern District Convention which she, Ernie, and Danna Wren attended last weekend in St. Louis. Ernie was sworn in as Governor designate and Jan was sworn in as Lt. Governor for our Zone. Our club was awarded one of the Governor's Choice "Bring Out the Best in Youth" Awards for our bicycle program which involves the community and the school to provide bicycles to foster kids. We also received a 365 patch because our club donated over \$365 in the past year. A Memorial Program was held for the twenty-three members from the Eastern District who passed away in the past year, including our own Steve Walsh and Kristi Savage-Clarke. The next conference will be in Columbia at the Courtyard Marriott in October. Hopefully we will have a strong turn-out!

Alan Marrs spoke about his cross country bike trip from Astoria, Oregon to Washington DC, a total of 3,159 miles. His regular job is in Information Technology for Medicaid, with his office in Jefferson City. Alan and two of his friends, Buck and Bruce, decided that they wanted to ride across the United States for their 60th birth year. They started training in 2019 by riding to Mizzou football games, a total of 1,100 miles as a fundraiser and raised \$15,000 for Women's & Children's Hospital.

They started out from Astoria, Oregon on April 15, 2022, with Alan and Buck on bikes and Bruce driving a support vehicle with a bike rack that they could lock their bikes on overnight while they stayed in hotels. They wore helmets and reflective shirts for safety, plus started after the sun was up each day and didn't ride if there was standing water on the roads. Phones were essential because they allowed the team to check the weather and plan their route for the day before leaving the hotel, plus keep track of the bikers and the support vehicle. They used the Ride w/ GPS app to track their mileage and the grade of their route, as high as 6% for sixteen miles through the White Pass in Washington state which took them five hours to complete. They could ride on the highways in Idaho and Montana, including traveling up 6,300 feet at the McDonald Pass on the Continental Divide. As they left Montana, they rode through parts of North and South Dakota, riding over one hundred miles in one day! In Minnesota and Wisconsin, they could ride on state trails for \$5 per day, then on trails in Illinois and Ohio for free. When they reached the Allegany trail in Pennsylvania, they knew they were almost done, with it only taking an additional five days to reach Washington DC on June 26th. Each of the bikes was tuned up twice during the trip, but they only had one flat tire and no incidents with anything bigger than a grouse.

After Alan was finished answering questions, he showed the book they created about the trip and drew for the Attendance drawing. Leigh Kottwitz, Lester Gilpin, and Janet Popejoy had their chance at riches, but since they weren't there, the pot will continue to grow.

Letitia Den Hartog
ashlandoptimist.org