



ASHLAND OPTIMIST CLUB
 Meeting Saturday Mornings @ 7:30 A.M.
 Optimist Drive, Ashland, MO 65010

September 11, 2021

"You cannot do all the good the world needs, but the world needs all the good you can do."

Optimist Board

Jan Palmer	President
Lisa Barnum	VP
Dana Plunkett	VP
Missy Bonderer	Past Pres.
Barrett Glascock	Secretary
Heather Martin	Treasurer
Bruce Glascock	2021
Bernie Bartel	2021
Ken Bishop	2021
Shawn Steelman	2022
Robert Blake	2022
John Dougan	2022

COMING UP

Board Meeting:

October 14, 2021, 7:00 p.m.

**TAKE A MINUTE TO REMEMBER
 THOSE WHO MADE US STRONG:**

- Carroll Sapp – 1987
- “Buddy” Glascock – 1988
- William Burnett – 1992
- Remus James – 1994
- Ron Marley – 1997
- Cecil Vaughn – 2001
- Billy Jo Sapp – 2004
- Marvin Sappington – 2004
- Arcie Sapp – 2005
- Kenneth Nichols – 2006
- Lahmon Wren – 2007
- Joe Smith - 2009
- Jimmy Jo Calvin- 2009
- Bob Sappington – 2010
- Clifford Caldwell-2013
- Mel Rupard-2013
- Ernest Woods—2013
- John Johnson—2013
- Michael Dalton--2013
- Jim Moore--2016
- Carl Long--2016
- Don Jones-2017
- Clay Austin-2017
- Sharon Donley-2017
- Ben Nieman- 2017
- Nick Kimbler- 2018
- Barbara Perry- 2018
- Jacob Zagorac- 2019
- Joy Woods- 2021
- Steve Walsh-2021

**Next week: Breakfast: Sept. 18- Leigh Kottwitz and Chris Felmlee
 Speaker- Morgan Yarnell- childhood trauma**

We started the morning with a moment of silence to honor the twentieth anniversary of 9/11.

Barrett proved what a remarkable Optimist he is by cooking a tasty breakfast all by himself. We are doing some shifting in the breakfast schedule because of issues with some of our teams, so watch the bulletin or the website (ashlandoptimist.org) for the most up-to-date information.

The Ashland Optimist Board met Sept. 9th at 7:00. The Board voted to donate \$250 to the Boone County 4H Senior Council for their recognition night and \$200 to the Optimist International Foundation in memory of our two deceased members: Joy Woods and Steve Walsh. The Board approved the facilities agreement with the Southern Boone School District again this year and approved Jennifer Lawson as a new member, pending payment of dues. Missy Bonderer gave a report on the pool and offered to oversee the Veteran's breakfast, which will be held on Thursday, November 11th. There will be more information on this as we get closer to the date,

Barrett also shared that the topic for this year's Oratorical competition is "Staying Optimistic in Challenging Times" and the topic for this year's essay contest will be: "How Does an Optimistic Mindset Change My Tomorrow?" If you know of any young people interested in participating in either competition, contact John Travelos for more information. Barrett also mentioned that we have been able to start renting the building again, which is helping since we still aren't doing Bingo at this time. Barrett also stated that there are fewer than 200 locations in the state of Missouri that had been holding Bingo and many of those are like us and have not resumed playing at this time.

Our speaker this morning was John Albright, who received his degree in Agronomy from the University of Missouri in Columbia before working in Wisconsin for years. He retired and moved back to Missouri five years ago. Before he left Wisconsin, he started working with dog training. John shared some interesting information about dogs, such as they can only learn approximately one hundred words and that most socialization needs to occur by the time puppies are fourteen weeks old. Dogs can be trained beyond that age, but that is the limit for socialization, such as loud noises and how to react with other animals. John also shared several book titles, such as "Culture Clash" by Jean Donaldson, Cesar Millan's "How to Raise the Perfect Dog", and "Canine Body Language" by Brenda Aloff. John talked about the need to pick the correct dog breed for your lifestyle to have the best fit.

Once John was finished answering questions, he drew for the Attendance Drawing. Shyla Barnett, Jenny Grabner, and Skip Wills all had their chance at riches, but the pot will continue to grow.

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