



October 26, 2019

"You cannot do all the good the world needs, but the world needs all the good you can do."

Optimist Board

Missy Bonderer	President
Lena Long	1 st VP
	2 nd VP
Janet Popejoy	Past Pres.
Barrett Glascock	Secretary
Heather Martin	Treasurer
Robert Blake	2020
Shawn Steelman	2020
Greg Hawkins	2020
Bruce Glascock	2021
Bernie Bartel	2021
Lisa Barnum	2021

COMING UP

Board Meeting- Nov. 14, 2019 at 7:15 p.m.

Website: Ashlandoptimist.org

TAKE A MINUTE TO REMEMBER THOSE WHO MADE US STRONG:

- Carroll Sapp – 1987
- “Buddy” Glascock – 1988
- William Burnett – 1992
- Remus James – 1994
- Ron Marley – 1997
- Cecil Vaughn – 2001
- Billy Jo Sapp – 2004
- Marvin Sappington – 2004
- Arcie Sapp – 2005
- Kenneth Nichols – 2006
- Lahmon Wren – 2007
- Joe Smith - 2009
- Jimmy Jo Calvin- 2009
- Bob Sappington – 2010
- Clifford Caldwell-2013
- Mel Rupard-2013
- Ernest Woods—2013
- John Johnson—2013
- Michael Dalton--2013
- Jim Moore--2016
- Carl Long--2016
- Don Jones-2017
- Clay Austin-2017
- Sharon Donley-2017
- Ben Nieman- 2017
- Nick Kimbler- 2018
- Barbara Perry- 2018

Bingo: Nov. 1- Team One

Breakfast: Nov. 2- There will be no breakfast meeting.

If anyone is interested in attending a breakfast meeting for another group in our District, contact Barrett Glascock

Remember, we will be sponsoring the 4th annual Spooktacular on Thursday, Oct. 31st from 5:30-7:30 p.m. sponsored by MU Health Care. Please contact Ernie Wren if you have a business that would like a table or if you wish to volunteer to help.

Bingo numbers were low on Friday, with only 98 players, but we had plenty of help on the floor and in the kitchen.

Bernie and Ernie gained a new member for their breakfast team, so now it's Bernie, Ernie, and Eric providing an excellent breakfast.

Our speaker this morning was Jason "JJ" Johnson who shared information about Toastmasters International, which is a non-profit educational organization that teaches public speaking and leadership skills that started in 1924. There are over 16,000 clubs in 143 countries. JJ first joined the Jefferson City club in 2015 to gain experience with public speaking in a business setting. He talked about the fact that there are two types of clubs- open and closed. A closed club is affiliated with a specific business or educational facility. Open Clubs allow anyone to come visit and join. A member must be 18 years old to join. The first speech you give is an ice breaker and each speech you give is evaluated and critiqued so that you can improve. Each time a speech is given, there is a grammarian and an "Ah" counter who tracks hesitations. There are ten path levels and you must complete two paths to be considered a distinguished Toastmaster. The Toastmaster's do table talk competitions where you are given a topic and must speak for two minutes on that topic. TED talks are similar to what occurs during these competitions.

There are currently three open clubs in our area. The Capital Club, #503 (503@toastmaster.com) in Jefferson City is the club that JJ is currently in, as Vice President of Membership. It meets on non-holiday Mondays at 7:00 p.m. There are also two open clubs in Columbia. Columbia Toastmasters meets on Tuesday at 6:00 p.m. or there is the Downtown Toastmasters that meet on Thursday at noon.

When JJ was finished speaking, he drew for the Attendance drawing. Shawn Steelman, Connie Field, and Norm Geary had their chance at riches, but the pot will continue to grow.

Since it was the final breakfast meeting of October, the Poker hands were evaluated and Mike Fulca won with three deuces and was heard to exclaim, "It pays to attend!"

Letitia DenHartog