



ASHLAND OPTIMIST CLUB

Meeting Saturday Mornings @ 7:30 A.M.
Optimist Drive, Ashland, MO 65010

March 2, 2019

"You cannot do all the good the world needs, but the world needs all the good you can do."

Optimist Board

Janet Popejoy	President
Missy Bonderer	1 st VP
Lena Long	2 nd VP
Bill Lloyd	Past Pres.
Barrett Glascock	Secretary
Eric Barmann	Treasurer
Bruce Glascock	2019
Bernie Bartel	2019
Letitia DenHartog	2019
Robert Blake	2020
Shawn Steelman	2020
Greg Hawkins	2020

COMING UP

Board Meeting- Mar. 14, 2019
at 7:15 p.m.

[Website: Ashlandoptimist.org](http://Ashlandoptimist.org)

TAKE A MINUTE TO REMEMBER THOSE WHO MADE US STRONG:

Carroll Sapp – 1987
"Buddy" Glascock – 1988
William Burnett – 1992
Remus James – 1994
Ron Marley – 1997
Cecil Vaughn – 2001
Billy Jo Sapp – 2004
Marvin Sappington – 2004
Arcie Sapp – 2005
Kenneth Nichols – 2006
Lahmon Wren – 2007
Joe Smith - 2009
Jimmy Jo Calvin- 2009
Bob Sappington – 2010
Clifford Caldwell-2013
Mel Rupard-2013
Ernest Woods—2013
John Johnson—2013
Michael Dalton--2013
Jim Moore--2016
Carl Long--2016
Don Jones-2017
Clay Austin-2017
Sharon Donley-2017
Ben Nieman- 2017
Nick Kimbler- 2018
Barbara Perry- 2018

Bingo: Mar. 8- Team Two

Breakfast: Mar. 9- Mike Fulca, Cody Hackmann, and Letitia DenHartog

Program- Roger Moser

We are planning on holding a NOW breakfast (New Optimists Welcome) on April 6th. We are requesting that everyone come for breakfast and invite a guest. Barrett Glascock will speak about the history of our club and Chris Felmlee will speak about why our club is important to the Southern Boone schools and the community. Please let Ernie Wren know if you plan to attend, as well as how many guests you will be bringing so that enough food can be provided!

Barrett will be taking orders for Optimist shirts from anyone who is interested. There are polo shirts, as well as long and short sleeve t-shirts available. You can contact Barrett at The Glascock Agency (504 E. Broadway) or through his email barrettglascock@gmail.com to see available options.

Two weeks ago, I included information about local resident and Mizzou student Jenny Lewis. She will be spending Spring Break this year participating in an amazing service project called University of Missouri's Alternative Breaks. This is an alcohol and drug free program that encourages students to spend their breaks serving others. Jenny will be assisting Habitat for Humanity in New Orleans, helping in the Lower Nine area. This area was badly damaged during Hurricane Katrina and her group will be assisting with rebuilding projects the end of this month. She would appreciate any financial support our members could give her. Any donations can be brought to meetings this month or to Barrett at his office. Let's support this young lady so she can help others.

Bingo had 164 players again this week, with lots of new faces and plenty of money spent. When Eric was running late in the kitchen because of staff at the bank being out for illness, Margie Selbach was kind enough to help on the front counter and Jim Green helped by keeping us in trays. Lena Long, Shane Martin and Mark Wanserski were kept busy trying to keep up with all the orders for food and the folks on the floor were busy selling special games. It was a nice kind of busy, since we brought in plenty of money.

Our speaker this morning was Jennifer Brooks, Pediatric Injury Prevention Coordinator with Women & Children's Hospital speaking about child safety. She has been in her position for just over a year, covers a region that includes six counties, and was already instrumental in getting Police Chief Lyn Woolford elected as the Top Crossing Guard in the nation, which allowed our schools to receive \$10,000 from FedEx for safety improvements.

She brought two young MU seniors with her, Alexis and Megan, both of whom are Health Science majors and are helping her prepare for the upcoming Safe Kids Day. Alexis' focus is Sport Safety because she grew up participating in soccer and understands the need for hydration and proper equipment use. Megan's focus is Pedestrian and Bike Safety. Jenny talked about the fact that over 6,000 deaths occur each year because of distracted walking and biking. She reminded us all, "Head's up, phones down!" but children can also be distracted by video games and tablets. They shared a video that talked about the fact that one child dies from a preventable injury every thirty seconds in the United States. Jenny also talked about the need for children under ten to walk with an adult when they are crossing streets because they might not be seen walking on their own and to cross at cross walks with the crossing guard for safety.

Besides the focus areas already listed, Jenny and Safe Kid's Day staff also provide information on Water Safety, including the need for swim lessons and proper flotation devices and Home Safety, which involves in-home dangers that children may get into. They council about the need to keep all medications in safe containers or out of the reach of children and have a "poison purse" filled with everyday risk items that can harm children, to teach parents about risks like button batteries and denture cleaning tablets. The Auto safety focus involves finding grants to provide car seats for new parents and installing them correctly. Last year Women & Children's Hospital was able to provide 350 seats!

Women & Children's Hospital also provides a Safe Sitters program for young people in grades 6-8. This program teaches the students first aid, as well as business ideas about what to charge and how to reach out for openings. This is their only program that has a cost and that is only \$50.

When Jenny was finished speaking, Glen Sapp asked about school bus safety training for students and Ernie Wren talked about the dissonance of not being required to wear a seat belt on a school bus when students are required to wear them in any other vehicle. Following that, Alexis and Megan drew for the attendance drawing. Traci Howard, Roy Williams, and Kristie Savage-Clarke missed their opportunity to weigh in on the discussion, as well as any riches, so the pot will continue to grow.

Letitia DenHartog