



ASHLAND OPTIMIST CLUB  
Meeting Saturday Mornings @ 7:30 A.M.  
Optimist Drive, Ashland, MO 65010

August 24, 2019

"You cannot do all the good the world needs, but the world needs all the good you can do."

### Optimist Board

Janet Popejoy	President
Missy Bonderer	1 <sup>st</sup> VP
Lena Long	2 <sup>nd</sup> VP
Bill Lloyd	Past Pres.
Barrett Glascock	Secretary
Eric Barmann	Treasurer
Bruce Glascock	2019
Bernie Bartel	2019
Letitia DenHartog	2019
Robert Blake	2020
Shawn Steelman	2020
Greg Hawkins	2020

### COMING UP

**Board Meeting- Sep. 12, 2019 at 7:15 p.m.**

**Website:** [Ashlandoptimist.org](http://Ashlandoptimist.org)

### **TAKE A MINUTE TO REMEMBER THOSE WHO MADE US STRONG:**

Carroll Sapp – 1987  
"Buddy" Glascock – 1988  
William Burnett – 1992  
Remus James – 1994  
Ron Marley – 1997  
Cecil Vaughn – 2001  
Billy Jo Sapp – 2004  
Marvin Sappington – 2004  
Arcie Sapp – 2005  
Kenneth Nichols – 2006  
Lahmon Wren – 2007  
Joe Smith - 2009  
Jimmy Jo Calvin- 2009  
Bob Sappington – 2010  
Clifford Caldwell-2013  
Mel Rupard-2013  
Ernest Woods—2013  
John Johnson—2013  
Michael Dalton--2013  
Jim Moore--2016  
Carl Long--2016  
Don Jones-2017  
Clay Austin-2017  
Sharon Donley-2017  
Ben Nieman- 2017  
Nick Kimbler- 2018  
Barbara Perry- 2018

**Bingo: Aug. 30- Team Five extra help in the kitchen would be appreciated**  
**Breakfast: Aug. 31- Mike Fulca, Cody Hackmann, and Letitia DenHartog**  
**Program- Bryan Bradford- 1st male leader of the local VFW Auxiliary**

The weather was perfect for this year's 43rd Annual Cattleman's Day Rodeo and the crowds took advantage of the good weather to come out in droves. The adult tickets sold out both nights, along with most of the food at the concession stands. Thank you to Marvin Bennett, Gert Sappington, Doug Smith, Les Hahn, John Dougan, Greg Hawkins, Lisa Finn, and any others I haven't included for making popcorn until it was coming out our ears. Thanks to Lena Long for making boxes for us to fill and to Janet Popejoy for finding bags when we ran out of boxes. Thank you for the many helpers who worked concessions, as well as our beer master Robert Blake and all his helpers in the beer tent. It looks like it will probably be another record setting year!

Bingo wasn't nearly as well attended, with only 106 players. We were able to sell five special games, which helped our deposit. A big thanks to Les Hahn and Danna Wren for stepping in to help John Dougan when the ladies of his team were busy selling Rodeo tickets on Friday night.

Barrett Glascock and Lena Long provided a stellar breakfast this morning with hash browns and pork chops added to our usual breakfast feast.

Our speaker this morning was Joy Sweeney, the Executive Director for Council for Drug Free Youth (CDFY) based in Jefferson City. This is a program whose mission is to motivate, educate, and collaborate to promote drug free lifestyles among youth in Mid-Missouri. The program was started by a group of concerned parents thirty years ago and work on four areas.

The first area is alcohol, which is the most abused because it is easiest to acquire. The second area is marijuana. The third area they are working on is prescription medications and opioids and the final area they are fighting is the use of tobacco, including e-cigarettes and vaping.

CDFY starts with students in third grade, teaching them about the dangers of tobacco use and disproving the lies that have been shared about vaping. Fifth grade students provide a drug-free message to area schools through the Safety Kids program, COPE facilitates positive decision making for seventh grade students, Team Challenge supports substance abuse prevention methods through communication and team building for eighth grade students, and the Uplift drama team, made up of ninth grade students performs for sixth grade students.

CDFY believes stopping substance abuse is important because substance abuse frequently leads to criminal behavior, whereas communication and education lead to life-long better decisions. CDFY also works to make government level policy changes which can make it easier for youth to remain drug free, including compliance checks for liquor/tobacco sales. CDFY also provides alternative drug-free events for young and facilitates a six-week program called Second Chance for students that are caught using drugs in school to provide them a way to continue their education instead of being suspended. They will be holding an Over the Edge fundraising event on Oct. 26, 2019 in Jefferson City and Joy challenged our own Sara Walsh to participate. To support this program or for more information, you can visit their website: [www.JcCDFY.org](http://www.JcCDFY.org) or call their office at 573-636-2411.

After Joy finished speaking, she drew for the Attendance drawing. Peggy Wren and Lisa Barnum missed their chance at wealth, but Bryan Chapman was thrilled to announce, "It pays to attend!"